

2020 Menct REPORT

Information in this report represents activities from July 1, 2019 to June 30, 2020.

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Each year rushes in with its own unique set of opportunities and challenges. When viewed from this perspective, our past fiscal year wasn't so different than others in our organization's 141-year history. Yet the complexities of the path now before us make 2020 very different.

Our world has changed — and it continues to evolve. Anxiety, depression and uncertainty are affecting our day-to-day lives. This is true — perhaps especially true — for caregivers.

Let's take a moment to applaud the perseverence and grit shown by Tanager Place staff members, especially those on the front lines. Their level of resilience despite valid fears is inspiring. Across all departments, regardless of challenges, our team members stood up for this community and the children and families we serve. They provided resources, and went the extra mile. They found solutions to problems we had yet to imagine.

And while we worked to meet the needs of our community, people from all walks of life made sure our team members had the resources needed to succeed. Corporate sponsors stood with Tanager Place even as events were canceled. Volunteers found innovative ways to continue connecting with our kids and supporting our programs. At every turn

someone asked, "How can I help?"

Our donors and supporters are the life blood of our organization, and we are deeply grateful for all your support.

Our hope is that you remain healthy and strong; we will get through this together!

Okpara Rice

CEO

Tanager Place is more than just a place of work. It is an organization that stays true to the mission of helping children and families through implementation of a variety of facets.

I have achieved personal goals that match the agency's mission. To me this is important as it allows me to be my authentic self while helping children and

families grow and heal.

Working in the Behavioral
Health Clinic as a clinical
therapist, I have the opportunity
to use my passion of play to help
create a space for children and families
to achieve their own goals. It is because of the
values and overall mission of the agency that
I am eager to come back to work each day. I
am beyond proud to say that I have been with
this organization for 10 years. There is so
much to be said about Tanager Place and all
that it has to offer to children, families and the
overall community.

~ Robin Hoffman

We provide services to children and families that inspire, empower & heal

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Hills' gift spurs Camp Tanager expansion



A nearly \$1.8 million gift by Jared and Carol Hills will forever change the landscape at Camp Tanager.

Major projects financed by the gift include a new central location for meals and other indoor activities. The Jared and Carol Hills Grand Lodge will have seating for up to 300 people. An additional cabin for campers will feature 24 additional beds, a kitchenette and an underground storm shelter. This expansion will pave the way for hundreds more youth to attend summer camp each year.

"I cannot say enough about the goodness and generosity of the Hills," said Okpara Rice. "This is an amazing gift — a legacy for our organization, the children and families we serve and the broader community. It provides a clear path through the first phase of our camp expansion project and, most important, it ensures more children can ac-

cess a positive and potentially life-changing camp experience."

Jared Hills said he and Carol were drawn to support Tanager Place because of all the good work done for kids. "The work with kids at Camp Tanager was especially appealing to us," he said.

Bridge to the Future scholarships awarded

A \$1 million anonymous gift is helping the youth of Tanager Place plan for their future and achieve their academic potential.

Following applications this spring, Tanager Place made its first round of distributions from a newly established endowment fund. Six area students were granted a total of \$24,000 to help cover higher education tuition, books and related expenses. Five of the awardees plan to attend Kirkwood Community College and the sixth is enrolled at Wartbug College.

A second round of applications and awards is planned for the spring of 2021. Those interested should complete an application before May 1, 2021.

Any person who engaged with Tanager Place services in the last two years for a period of six months or more and plans to attend an accredited lowa institution of higher learning or vocational program is eligible to apply.

To learn more and submit an application, visit tanagerplace.org/outreach/scholarships

Employee Spotlight: Tim Feldmann



Tim Feldmann, currently ICF/ID Program Manager, has worn a lot of hats at Tanager Place since January 2008 when he graduated college and began his professional career as part of our inpatient team. Throughout it all, however, Tim has led with thoughtful purpose.

"Each day I am at Tanager Place, I have an opportunity to

use the skills and abilities I possess to positively impact lives," Tim said. "This applies not only to the youth we serve, but also the staff members I lead, work beside and train.

"Tanager Place has always allowed opportunities for me to continue my growth in this field and provided a variety of avenues for me to perfect my craft."

This year Tim was recognized by the Greater Cedar Rapids Community Foundation and presented with the Minnie Rubek Staff Excellence Award, which honors nonprofit workers who quietly go above and beyond in their commitment to mission. He also has been a key leader on campus throughout the pandemic.

"We not only maintained staff during the pandemic, but hired more," Tim noted. "This shows the passion and dedication we have for the kids in our care and this organization. Inpatient staff continue to come in each day regardless of the risk they face by doing so."

School Based Program exceeds expectations — again



In a year when a global pandemic forced school districts to close it may seem unusual to highlight a program so rooted in access via school facilities. However, the numbers don't lie.

Thanks to our team of school based therapists, Tanager Place continues to meet children and families where they are — even during a public health crisis — and provide the tools necessary for their future growth and success.

By the Numbers -

9	School Districts
43	School Buildings
913	Students Served
19, 344	Therapeutic Sessions
60,392	Total Therapeutic Contacts
53	Training Sessions Held
400	Enrichment Sessions
69	Teacher Self-Care Sessions
1,321	School Meetings Attended
87%	Clients with Assessment Improvement

This year I walked with multiple kiddos who came to me feeling significantly depressed and suicidal. I got to know them, and worked with them so they could know themselves and understand their thoughts and feelings. Their beliefs shifted from, "I am helpless," to "I can identify what I can and can't control."

Such experiences — seeing kids fight through their pain and overcome tremendous challenges — reminds me of the power and resilience inside each of us. Thank you to every child I have worked with. Thank you, Tanager Place, for this opportunity.

~ Joseph Wassink

Expressive Arts

A key component of children's behavioral health treatment. We offer music therapy and art therapy as part of outpatient and inpatient sessions.

Inpatient Program

Houses children,
adolescents and teens
with severe psychiatric
challenges and/or developmental
disabilities; offers healing in
a home-like
setting.

Behavioral Health Intervention Services

Skill-building services for children and their families to increase functioning in all environments.



Behavioral Health Clinics

Clinics, located in Cedar Rapids and Coralville, offer diagnosis, assessment and treatment for a variety of issues, including autism.



A case management team for families with Medicaid-eligible children. Support for behavioral and physical needs.



School Based

Comprehensive holistic care for students that takes place within school facilities.
Observation and training offered to contracted school districts.

CHILDREN OF PROMISE



A strong mentoring program for children who have a family member involved in the correctional or judicial systems.

CAMP TANAGER



Camp offers a unique experience to children who are economically or medically disadvantaged. It is lowa's only program to offer free summer camp to at-risk youth.

LGBTQ+ YOUTH CENTER



Safe and confidential space for LGBTQ+ youth, families and allies. Diverse programs provide opportunities for skill building and combat social isolation. Program also includes components for community education and advocacy.



105 Served

"Jill" came to Tanager Place in May 2019 with high needs and a history of trauma. She struggled, but learned about herself while part of PMIC. Through this process of self-discovery, Jill connected with a loving foster family and will soon transition to a forever home.

BEHAVIORAL HEALTH CLINICS

Tanager Place operates outpatient clinics in Cedar Rapids and Coralville.

Clients Served

Teletherapy for all ages was a key accomplishment during the past year. allowing continuation of quality care. Access has been streamlined for psychiatric and psychological testing, and BHIS added in Coralville.



SCHOOL BASED PROGRAM





School **Buildinas**

Served

Growth of the School Based Program continues to exceed expectations - as does caregiver and professional satisfaction, and client improvement. Read more on the previous page.

PEDIATRIC INTEGRATED HEALTH

Clients Overall **Program Growth** Served

"Working at Tanager Place provides an opportunity to connect with and serve my community. It is an avenue to affect change, for the individuals we serve as well as the mental health system," said a PIH team member.







856 Served in FY20

Satisfaction at Discharge BHIS employs 49 professionals, and scored the highest for staff satisfaction. Provided services "prevented more police calls, hospitalizations and tears than we can count," reports a parent.

BEHAVIORAL HEALTH INTERVENTION SERVICES

EXPRESSIVE ARTS

Art therapy and music therapy are key treatment components in an array of Tanager Place offerings. As part of a community partnership, members of the public had an opportunity to explore expressive arts techniques, such as journaling for wellness. A special gift for this program resulted in the development of an art room at the Estle Center this year.





CHILDREN OF PROMISE

On July 1, the Children of Promise program transitioned into its own nonprofit.

Children Served

Active Mentors

Mentors and mentees met twice each month and held a special event once each quarter. The group earned a Governor's Volunteer Award in 2019.

LGBTQ+ YOUTH CENTER

Participating

Support/Skill Groups

Special thanks to PFLAG, 1st Community Savings Bank, Linn County Extension, Toyota Financial, ASAC, Foundation 2 and Transformation for providing group curriculum and leadership.





CAMP TANAGER

Due to the public health threat of COVID-19, all summer programs were canceled for 2020. Camp Tanager proudly accepted a nearly \$1.8 million gift from Jared and Carol Hills. The funds are earmarked for an expansion project that includes more room for campers and visitors. Watch for more details this fall.

FINANCIAL SNAPSHOT



\$13,462,188Service Fees

\$986,645Donations

\$888,376Foundation

\$**92,705**Other

\$13,297,761
Personnel

\$704,501

Professional Fees

\$695,504

Supplies/Equipment

\$650,832

Occupancy

\$269,619 Other

\$139,779

Transportation



Tanager Place provides detailed financial data to GuideStar:

guidestar.org/profile/42-0688079

KEY ACCOMPLISHMENTS

- More than 240 clients sought therapeutic services through the Coralville Behavioral Health Clinic during its first full year of operation.
- Two Autism Program staff members earned Registered Behavior Technician (RBT) credentials, began in-home treatment option.
- Shifting to smaller gatherings, Autism Social Skills Groups were able to continue supporting families during the public health crisis.
- BHIS provided two monthly trainings to support and educate employees on innovative tools and interventions.
- A parent training module was created and distributed to help guide isolating parents on ABA practices.
- Outpatient Services simplified public access to psychiatric and psychological testing services.
- BHIS streamlined its referral process for better communication with clients and families.
- Clinics successfully launched teletherapy services in order to provide quality care during the public health crisis.
- Autism Social Skills Groups are collaborating with Expressive Arts to enhance service delivery.
- Coralville Behavioral Health Clinic grew to three full-time clinicians and three BHIS caseworkers during its first full year of operation.
- More than 20 resource videos were distributed to community groups and schools in response to the pandemic.

your support means the world to us! Honor Roll

Gifts listed in this report reflect receipts between July 1, 2019 and June 30, 2020, except for anonymous donors. Every effort is made to include all supporters. We apologize in advance if any donor is inadvertently omitted.

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YOUTHPORT

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We provide services to children and families that inspire, empower and heal.

tanagerplace.org

You make a difference for a child!

When Nate came to Tanager Place about three years ago, he was 14 years old and battling major depression.

He was angry most of the time, and sad when he wasn't angry. His social life was in disarray as he struggled to make friends. Nate fought with his siblings, rarely smiled and had no motivation. He also felt caught in the middle of his parents' divorce.

With professional support, Nate is no longer an angry and fearful adolescent. He's forged a fresh relationship with his family, participates in school activities and has learned how to make and be a friend to others. He smiles quickly now.

This spring he graduated a year early from high school. And, this fall, he will be the first in his family to attend college, thanks in part to a Tanager Place Bridge to the Future scholarship.

