



## AT TANAGER PLACE:

- Our tailored, individualized approach focuses on each child's specific mental health issues.
- Our qualified staff are Bachelor and Master level trained
- We achieve lasting results with children who struggle from a variety of psychological issues
- We provide integrated care allowing children to receive comprehensive services

## PREVENTION • TREATMENT OUTREACH



Tanager Place is the leading child-centered comprehensive behavioral health organization in Eastern Iowa.

Fully licensed by the State of Iowa and Member of the National Association for Children's Behavioral Health and the American Association of Children's Residential Centers.

Accredited by the Council On Accreditation

## CONTACT US

Tanager Place - Estle Center  
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[www.tanagerplace.org](http://www.tanagerplace.org)



## BEHAVIORAL HEALTH INTERVENTION SERVICES





## GETTING STARTED WITH BHIS SERVICES:

### 1. MAKE THE REFERRAL

Referrals can be completed by the family, therapist, psychologist, psychiatrist, or from any other agency. Referrals can be completed online at:

[www.tanagerplace.org/bhis-referral](http://www.tanagerplace.org/bhis-referral)

If you have any questions or need assistance in referring, please contact us at 319-286-4531.

### 2. MENTAL HEALTH ASSESSMENT

An assessment is required to begin BHIS services. This can be completed by any current clinician or Tanager Place staff.

### 3. RECEIVE SUPPORT

Once approval is received from the client's Medicaid insurance provider, a caseworker will begin to provide the child and family with support through skill based mental health interventions. Consistent sessions and communication, collaboration, and support will ensure your child or teen reaches their goals.



## BEHAVIORAL HEALTH INTERVENTION SERVICES (BHIS)

BHIS services focus on supporting the child and family by building:

- Coping skills
- Anger Management skills
- Social skills
- Communication skills
- Conflict Resolution skills

Session types offered are:

- Individual
- Family
- Crisis

Sessions are conducted in-home, at the Tanager Place Clinic, or another agreed to location.

## ELIGIBILITY REQUIREMENTS:

- A current mental health diagnosis
- Medicaid insurance
- Between 4 - 20 years old

**Tanager Place BHIS assists families when a child or teen's behaviors need supportive intervention.**

BHIS works closely with families in their home or in a child's school to assess needs and create a customized treatment plan. We help more than 4000 families each year learn to manage difficult behaviors and emotions by teaching the life skills they need to become successful adults.