

FAMILY CHAT

24 Questions to Create Connections

1. Who did you play with at recess? What did you do?
2. What was your favorite activity today?
3. When did you feel proud or happy about yourself today?
4. What's a mistake you made that taught you something?
5. What is something that happened today but doesn't usually? How do you feel about it?
6. What is something hard you did today?
7. How did you offer help to someone today?
8. Who/what made you smile, laugh, or feel happy today?
9. When did you feel disappointed today? How do you feel now?
10. What happened today that made you keep going (even if it was hard)?
11. What will you do to solve a problem at school or improve your work?
12. What is something creative you did today?

13. When did you feel proud or happy about yourself today?
14. What is something creative you did today?
15. What is something hard you will do tomorrow?
16. What was a challenge you faced today? Is there any support you need?
17. What is a conversation you had that inspired you today?
18. What is something you are learning about yourself?
19. When did you feel disappointed today? How do you feel now?
20. What was your favorite subject/activity today, why?
21. How was someone kind to you today?
22. What was something you daydreamed about?
23. In what ways today could you see you are growing or learning?
24. If you had 1 "do-over" for today, what would you choose to "do-over"? Why?

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Who did you play with at recess? What did you do?



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What was your favorite activity today?



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How were you kind today?



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What mistake did you make today that taught you something?



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What is something that happened today but doesn't usually? How do you feel about it?



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What is something hard you did today?



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How did you offer help to someone today?



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Who or what made you smile, laugh, or feel happy today?



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How were you brave today?



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What is something creative you did today?



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What is something hard you will do tomorrow?



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Tell me a story about something that happened today?



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When did you feel proud or happy about yourself today?



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What was a challenge you faced today? Is there any support you need?



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What will you do to solve a problem at school or improve your work?



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What happened today that made you keep going (even if it was hard)?



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What is a conversation you had that inspired you today?



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What was your favorite subject/activity today, why?



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When did you feel disappointed today?
How do you feel now?



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What is something you are learning about yourself?



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How was someone kind to you today?



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If you had 1 "do-over" for today, what would you choose to "do-over"? Why?



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In what ways today could you see you are growing or learning?



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What was something you daydreamed about?



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