



# Inspire, Empower, Heal

## *Inpatient Treatment*

Tanager's two highly-respected inpatient programs provide structure, safety and compassion. We give youth who have experienced psychiatric hospitalization and other intensive treatments a chance to overcome their mental or behavioral health crisis so they can return home and lead happier, healthier lives.

### PMIC - PSYCHIATRIC MEDICAL INSTITUTE FOR CHILDREN

Treatment takes place in a nurturing, home-like setting and centers around developing social, emotional and problem-solving skills. Our goal is to use trauma-informed care components to help youth reach their full potential and build positive, strong relationships so they can return home as soon as possible. Programs are staffed by an interdisciplinary team of specialists, including child psychiatrists, nursing staff, therapists and others, who provide strength-based care for every child and teen who walks through our doors. Treatment focuses on enhancing the well-being of the child through a therapeutic treatment setting, a variety of enrichment experiences, expressive arts therapy, play therapy, recreational therapy, individualized, group and family treatment.

**Eligibility:** Children ages 5-17 who have ongoing mental health challenges and safety concerns in the home and/or school setting despite ongoing outpatient services. Admission is based on medical necessity and requires prior approval by Tanager and payment providers.

### ICF/ID - INTERMEDIATE CARE FACILITY FOR INTELLECTUAL DISABILITY

Programs offer children and adolescents with mild intellectual disabilities and behavioral challenges treatment in a safe and supportive environment. Treatment is individually tailored to improve or maintain skills and foster greater self-reliance and independence. Treatment may include art and music therapy, recreation, individual, group and family therapy, is strength-based and focused on cognitive ability. The interdisciplinary team includes child psychiatrists, nursing staff, therapists, and direct-care staff to ensure your child receives the care they need.

**Eligibility:** Children ages 5-17 who have mild intellectual disabilities and a mental health diagnosis. Admission requires prior approval by Tanager and payment providers.

To determine if this program is the right fit for you and your child. Call Tanager at 319-365-9164 or complete the Inpatient Referral Form Online at [tanagerplace.org](http://tanagerplace.org)



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### OUR CAMPUS

Tanager PMIC is made of 2 cottages, each with 12 children. ICF/ID is made of 2 cottages, with a total of 18 children. Each cottage has a living room, a recreation room, a laundry room, bedrooms, and bathrooms. Children eat all meals in the cottage dining room. Our campus offers activity areas including a gymnasium, library, playground, baseball diamond, basketball court, gaga ball pit, track, and play area with enough room for children to play soccer, fly kites, run, and ride bikes.

### ADMISSIONS PROCESS

#### 1. Inquire

Contact our Admission staff. They will ask you some questions about your child's mental health issues and current services and supports. An application packet will be sent to you through the mail or via email if it appears the child could meet criteria for inpatient programming.

#### 2. Apply

Complete and return the application packet to the Admission Office via mail, email, or fax. Tanager will collect records from your child's mental health providers and use that information to assess if our program is a good fit for your child. We will also determine if your child has had enough services to meet criteria for funding. The admission staff will contact you to let you know if your child has been accepted for the program

#### 3. Tour & Evaluations

Come check out Tanager and ask lots of questions about what life will be like for your child and family while working with our program. You will receive information about your child's cottage and what to bring. You will meet cottage staff, and tour the living space and recreation areas. You will be given an admission packet with paperwork to be completed and returned the day of admission.

#### 4. Expectations & Admission

Admission staff will contact you to let you know if we can serve your child. Depending on wait times, you will be mailed an admission packet with paperwork to be completed and returned the day of admission. If the wait time is significant, this step may occur closer to admission.

#### 5. Arrive

The day of admission you will complete necessary paperwork with admission staff. You will meet with the nurse to provide an update on medical concerns and medications discussed at the D&E staffing. Your child will receive a nursing assessment. You will meet with your child's Program Therapist to further discuss the Treatment plan, set up a phone contact list, and schedule your first family therapy session. You will help your child get unpacked and settled into their bedroom.