



Empowering Growth & Inspiring Excellence

# Leadership & Organizational Systems

The Meraki Institute of Learning at Tanager Place are experts in mental wellbeing, resilience, culture development, and authentic, mission driven leadership. For organizational systems or leaders seeking to enhance mental wellbeing and cultivate resilience for their teams & environments we will be your guiding partner.

## Consultation

We offer collaborative guidance and trusted support to individual leaders and small or large groups to provide consultation on a variety of topics.

- Implementing proactive & preventative approaches
- Assessing & evaluating current wellbeing initiatives and mental health offerings
- Creating a culture that supports mental wellbeing & cultivates resilience
- Developing & implementing system wide programs
- Creating workplace policies and practices related to mental wellbeing
- Navigating conflict and repairing team relationships
- Meeting the mental wellbeing needs of employees and leaders

## Professional Development

Every organizational system is unique. At Meraki, we customize our trainings, workshops, and retreats based on your teams specific needs.

- Experiential, engaging, and highly reflective
- Available in-person & virtual
- Extensive topics:
  - Workplace Mental Wellbeing
  - Workplace Culture
  - Personal Mental Wellbeing
  - Leadership Development
  - Emotional Intelligence
  - Communication
  - Restorative Workplace Culture
  - Team Development
  - Employee Resilience
  - Many More!

## Free Resources



visit our resource page and begin browsing toolkits, articles, and downloads!

[tanagerplace.org/resources](https://tanagerplace.org/resources)



## Attend an Event

Follow us on Eventbrite! Stay informed on all of our learning events!

[bit.ly/MerakiLearning](https://bit.ly/MerakiLearning)



Inspire. Empower. Heal.

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