



# Crisis Stabilization

Crisis Stabilization Residential services [CSRS] are short term services provided in our 8-bed residential house. The goal of the CSRS is to stabilize and reintegrate youth back into the community. Tanager's CSRS is designed for voluntary youth placements, who are in need of a safe, secure environment less intensive and restrictive than an inpatient hospital.

## Support When You Need it Most

### Eligibility Criteria

- Youth 8 to 17.
- Determined appropriate by trained personnel.
- Not be an imminent danger to self or others.
- Not be medically compromised.
- Must not be experiencing symptoms that are unable to be safely managed in a community setting.

### Services Included

- Evaluation and assessment
- Development of stabilization plan.
- Individual, family, and group therapy
- Skill building and coping strategies
- Parent outreach and collaboration
- Linkage to other community services

## Proven Success



Average Length of Stay



Youth receiving crisis stabilization plan



Youth receiving linkage to community supports

### Contact information

Call: 319-286-4552 ext. 242

Email: [CSRSReferrals@tanagerplace.org](mailto:CSRSReferrals@tanagerplace.org)

[www.tanagerplace.org](http://www.tanagerplace.org)

# Crisis Stabilization: What to Expect

## Admission Process

CSRS is a voluntary placement option. Voluntary placement means we do not accept court orders or have reserved beds for Law Enforcement, Juvenile Court, or HHS.

### Youth may be referred for CSRS in the following ways:

- Youth ages 14 to 17 can self-refer.
- Parents or legal guardians can refer.
- Community support workers can refer.

*\*\*Parent/Guardian must still place\*\**

### 1. CONTACT ADMISSION STAFF

To begin the admission process, contact a dedicated admission staff via phone or email!

#### Contact by Phone:

- Call 319-286-4552 ext. 242 to speak to crisis staff
- If crisis staff is attending to another inquiry, you will receive a confidential voicemail box.
- Please leave a voicemail.
- Crisis staff will respond within 1 hour

*\*\*During normal business hours\*\**

#### Contact by Email

- Send an admission inquiry to [CSRSReferrals@tanagerplace.org](mailto:CSRSReferrals@tanagerplace.org)
  - A crisis admissions team member will respond by the following business day.

### 2. ELIGIBILITY & FUNDING VERIFICATION

- A licensed mental health provider will complete an assessment to determine eligibility.
- CSRS team will verify insurance.
  - If you do not have insurance, we will assist in application process for regional funding.

## During the Stay

### Youth's Experience

- Our crisis Therapist will meet with youth daily.
- Our crisis staff will work with youth on targeted skill development and provide opportunities for peer support.

### Parent/Guardian Involvement

- Our Therapist will connect with you about your child's progress, stabilization planning, and goals
- Family members are invited and encouraged to participate in the treatment process as much as possible.
- Upon completion of treatment, our crisis staff will work with you and youth on aftercare planning and services needed post discharge.

## Get Help Today!

### PHONE:

319-286-4552 ext. 242

### EMAIL:

[CSRSReferrals@tanagerplace.org](mailto:CSRSReferrals@tanagerplace.org)

### ADMISSION AND REFERRAL HOURS:

Monday - Friday  
8:00am to 3:00pm

**\*\* No walk-ins\*\***