



Inspire. Empower. Heal.

Summit House Program

Crisis Stabilization Residential services [CSRS] are short term services provided in our 8-bed residential house. The goal of the CSRS is to stabilize and reintegrate youth back into the community. Tanager's CSRS is designed for voluntary youth placements, who are in need of a safe, secure environment less intensive and restrictive than an inpatient hospital.

Support When You Need it Most

Eligibility Criteria

- Youth 8 to 17.
- Determined appropriate by trained personnel.
- Not be an imminent danger to self or others.
- Not be medically compromised.
- Must not be experiencing symptoms that are unable to be safely managed in a community setting.

Services Included

- Evaluation and assessment
- Development of stabilization plan.
- Individual, family, and group therapy
- Skill building and coping strategies
- Parent outreach and collaboration
- Linkage to other community services

Proven Success



Average Length of Stay



Youth receiving crisis stabilization plan



Youth receiving linkage to community supports

Contact information

Call: 319-286-4552 ext. 242

Email: CSRSReferrals@tanagerplace.org

www.tanagerplace.org

Crisis Stabilization: What to Expect

What to Expect

Youth's Experience

- Our crisis Therapist will meet with youth daily.
- Our crisis staff will work with youth on targeted skill development and provide opportunities for peer support.

Parent/Guardian Involvement

- Therapists will connect with you about your child's progress, stabilization planning, and goals
- Family members are encouraged to participate as much as possible.
- Our staff will include you in planning for discharge.

Getting Help is Easy

CSRS is a voluntary placement option. Voluntary placement means we do not accept court orders or have reserved beds for Law Enforcement, Juvenile Court, or HHS.

Youth may be referred for CSRS in the following ways:

- Youth Self-referral
- Parent/Guardian Referral
- Referral From Provider or Foundation 2

After the Referral

- A licensed mental health provider will complete an assessment to determine eligibility.
- CSRS team will verify insurance.
- If you do not have insurance, we will assist in application process for regional funding.

Start Now



319-286-4552 ext. 242

- Please leave a voicemail



CSRSReferrals@tanagerplace.org

- Receive response by the following business day



Call Foundation 2 Mobile Crisis-1-800-332-4224

- If you are experiencing a crisis and support where you are, contact F2 mobile crisis and they will connect assist with referral to Summit House

Contact information