Inspire, Empower, Heal
Outpatient Treatment

Tanager
Inspire. Empower. Heal.

When your child struggles with a mental, behavioral, or emotional health crisis, you want to do whatever you can to help. But not every challenge has a clear solution. And sometimes we need support from others to make it through the storm. Our outpatient treatment services give families the tools they need to overcome these challenges together. Where others see obstacles, we see opportunity for growth. Through compassionate, comprehensive treatment, we give children and teens the best chance to overcome their hurdles and build a brighter future.

MENTAL WELLBEING CLINIC

Parenting is hard. But knowing when to ask for help can be even harder. At Tanager, we make it easy to find assistance when you're concerned for your child. Our confidential Mental Wellbeing Clinic is designed to help kids and teens address behavioral and emotional challenges and improve their mental health—all while making sure parents have the support they need to face challenges with confidence

OUR SERVICES

Therapy
Our licensed clinicians specialize in therapeutic treatments that can significantly improve your child's mental health. We offer individual, family, and group therapy.

Psychiatric Services
The psychiatry team at Tanager offers diagnosis and medication management through a comprehensive, evidence-based, trauma-informed approach to treatment.

Psychological Services
We offer psychological testing to help families find answers. We provide data-based direction and insight to families who are experiencing cognitive, developmental, academic, or behavioral challenges.

MODALITIES AND SPECIALTIES

Our highly qualified team is specialized in a wide range of modalities including Adlerian play therapy, AutPlay®, child-centered play therapy, cognitive behavioral therapy (CBT), dialectical behavior therapy (DBT), family systems theory, narrative therapy, sandtray therapy, solution-focused therapy, strengths-based approaches, and trauma-informed care

Scan for more info

tanagerplace.org   therapyreferral@tanagerplace.org   (319)286-4545